

## Human Growth and Development Education Curriculum 6<sup>th</sup> Grade Content Outline

**I. The students will recognize their own social & emotional development by:**

- A. Expressing feelings to demonstrate that emotions fluctuate greatly during puberty.
- B. Examining & analyzing changing social and emotional growth patterns.
- C. Examining their understanding and acceptance of a multicultural and diverse society.
- D. Applying the decision making model to situations.
- E. Comparing, contrasting & evaluating the influence peers have in the decision making process.

**II. The students will demonstrate an understanding of physical growth & development by:**

- A. Defining puberty
- \*B. Identifying body parts & systems affected by puberty.
- \*C. Comparing & contrasting the changes in males and females.
- \*D. Identifying what masturbation is and dispelling myths concerning it.

**III. The students will demonstrate knowledge of the human reproductive system by:**

- A. Identifying the reproductive anatomy of the male and female body.
- B. Comparing and contrasting the changes in males and females.
- C. Identifying ovum and sperm as being requirements for fertilization.
- D. Describing sexual intercourse.
- E. Explaining types of conception.
- F. Analyzing & dispelling sexual myths regarding fertilization and conception.

**IV. The students will demonstrate an understanding of pregnancy by:**

- A. Discussing, explaining and differentiating between fertilization and implantation.
- B. Describing the physical changes in the body.
- C. Recognizing the need for and examining the different factors in prenatal care.
- D. Discussing fetal development.

**V. The students will demonstrate an understanding of the birth process by:**

- A. Identifying and discussing stages and characteristics of labor.
- B. Discussing the actual delivery.
- C. Differentiating between natural and cesarean delivery.
- D. Discussing post natal care and post partum changes
- E. Discussing, explaining and comparing multiple births.

**VI. The students will review & extend their knowledge about incidences of child abuse by:**

- A. Reviewing definitions.
- B. Recognizing that abuse takes many forms, physical, sexual, and mental/emotional.
- C. Discussing different approaches in avoiding sexual abuse and/or sexual harassment.
- D. Distinguishing between sexual abuse and sexual harassment.
- E. Discussing and formulating different approaches to use in reporting abuse and/or sexual harassment.
- F. Recognizing and examining rights which are protected by law.
- G. Identifying supportive help in the home, school and community.

**VII. The student will demonstrate knowledge & understanding of HIV by:**

- A. Defining & differentiating between communicable and noncommunicable diseases.
- B. Stating the meaning of the acronyms AIDS and HIV.
- C. Identifying how the virus that causes AIDS *is* and *is not* transmitted
- D. Naming good health behaviors that contribute to the prevention of HIV transmission.

\* Sex separated classes

