

Human Growth and Development Education Curriculum

7th Grade Content Outline

I. The students will recognize their own social & emotional development by:

- A. Expressing feelings to demonstrate that emotions fluctuate greatly during puberty.
- B. Examining & analyzing changing social and emotional growth patterns appropriate for their age.
- C. Recognizing differences in the standards of families and friends.
- D. Examining their understanding and acceptance of a multicultural and diverse society.
- E. Applying the decision making model to situations.
- F. Comparing, contrasting & evaluating the influence peers have in the decision making process.

II. The students will demonstrate an understanding of physical growth & development by:

- A. Defining puberty
- *B. Identifying body parts & systems affected by puberty.
- *C. Comparing & contrasting the changes in males and females.
- *D. Examining heredity and its effects on growth changes.
- *E. Identifying what masturbation is and dispelling myths concerning it.

III. The students will demonstrate knowledge of the human reproductive system by:

- A. Identifying ovum and sperm as being requirements for fertilization.
- B. Describing sexual intercourse.
- C. Explaining types of conception.
- D. Analyzing & dispelling sexual myths regarding fertilization and conception.

IV. The students will demonstrate an understanding of pregnancy by:

- A. Reviewing types of fertilization and implantation.
- B. Discussing cell division.
- C. Reviewing embryonic and fetal development.
- D. Identifying the physical and emotional changes in the female.
- E. Identifying the importance of prenatal care.
- F. Identifying what miscarriages (spontaneous abortions) are.

V. The students will demonstrate an understanding of the birth process by:

- A. Identifying and discussing stages and characteristics of labor.
- B. Discussing the actual delivery.
- C. Analyzing & evaluating post natal care and post partum changes.
- D. Reviewing the concept of multiple births.

VI. The students will review & extend their knowledge about incidences of child abuse by:

- A. Reviewing definitions.
- B. Recognizing that abuse takes many forms, physical, sexual, and mental/emotional.
- C. Discussing different approaches in avoiding sexual abuse and/or sexual harassment.
- D. Distinguishing between sexual abuse and sexual harassment.
- E. Discussing and formulating different approaches to use in reporting abuse and/or sexual harassment.
- F. Recognizing and examining rights which are protected by law.
- G. Identifying supportive help in the home, school and community.

VII. The students will demonstrate an understanding of sexually transmitted diseases by:

- A. Defining sexually transmitted diseases.
- B. Identifying and discussing STDs.
- C. Distinguishing differences among STDs.
- D. Identifying ways to symptoms of STDs.
- E. Identifying ways to prevent STDs.
- F. Evaluating their own decision making ability.
- G. Recognizing the need for medical treatment.

VIII. The students will demonstrate knowledge and understanding of the Human Immunodeficiency virus by:

- A. Stating the meaning of the acronyms AIDS and HIV.
- B. Identifying how the virus that causes AIDS is and is not transmitted.
- C. Discussing the consequences of contracting HIV.
- D. Naming good health behaviors that contribute to the prevention of HIV prevention.

* Sex separated classes