

Human Growth and Development Education Curriculum 8th Grade Content Outline

I. The students will recognize their own social & emotional development by:

- A. Describing several characteristics of friendships.
- B. Discussing boy/girl relationships.
- C. Analyzing their own social and emotional growth patterns.
- D. Comparing and contrasting dating behaviors in relation to cultural and family norms.
- E. Describing and examining sex roles and stereotypes.
- F. Examining their understanding and acceptance of a multicultural and diverse society.
- G. Applying the decision making model to situations.
- H. Differentiating between fact and opinion, dispelling sexual myths.

II. The students will review physical growth & development by:

- A. Defining puberty
- B. Identifying body parts & systems affected by puberty
- C. Discussing the importance of self and medical exams of reproductive organs.
- D. Comparing & contrasting the changes in males and females.
- E. Explaining how heredity factors may affect growth changes.
- F. Identifying each phase of the menstrual cycle.
- G. Identifying what masturbation is and dispelling myths concerning it.

III. The students will demonstrate their knowledge of the human reproductive system by:

- A. Discussing ovulation.
- B. Discussing & sequencing the steps to fertilization.
- C. Explaining the occurrence of multiple births.
- D. Examining their own decision making ability, and being responsible for their actions.

IV. The students will review and expand their knowledge and understanding of pregnancy and birth by:

- A. Discussing fertilization, embryonic/fetal development, and birth process.
- B. Identifying the importance of prenatal care.
- C. Analyzing and evaluating post natal care and post partum changes.
- D. Recognizing which contraceptives are commonly used.
- E. Identifying the effectiveness range of each contraceptive.
- F. Discussing teenage pregnancy.
- G. Differentiating between therapeutic, elective and spontaneous abortion.
- H. Recognizing and evaluating the effects of abortion.

V. The students will demonstrate an understanding of sexually transmitted diseases by:

- A. Identifying & discussing the sexually transmitted diseases.
- B. Recognizing & distinguishing how different STDs can be acquired.
- C. Identifying the symptoms of STDs.
- D. Predicting & selecting measures to avoid STDs.
- E. Evaluating their own decision-making ability.
- F. Recognizing the need for medical treatment.

VI. The students will demonstrate knowledge and understanding of the Human Immunodeficiency virus by:

- A. Stating the meaning of the acronyms AIDS and HIV.
- B. Identifying how the virus that causes AIDS *is* and *is not* transmitted.
- C. Discussing the consequences of contracting HIV.
- D. Naming good health behaviors that contribute to the prevention of HIV transmission.

VII. The students will know the differences between heterosexuality and homosexuality by:

- A. Defining heterosexuality and homosexuality.
- B. Dispelling myths related to heterosexuality and homosexuality.
- C. Distinguishing between a maturational attraction and/or natural curiosity as different from a life commitment to homosexuality.
- D. Analyzing sexual stereotypes.

VIII. The students will review & extend their knowledge of child abuse by:

- A. Reviewing definitions.
- B. Recognizing that abuse takes many forms, physical, sexual, and mental/emotional.
- C. Defining sexual assault, rape, and date rape (both male and female).
- D. Distinguishing between sexual abuse, sexual assault and sexual harassment.
- E. Discussing different approaches to use in avoiding sexual abuse and/or sexual harassment.
- F. Discussing and formulating different approaches to use in reporting abuse and/or sexual harassment.